



Ms. Teresa Ann Alston

September 7, 1965 - October 11, 2023

Teresa Ann Alston was born on September 7, 1965, to Mary A. Reid. Teresa was raised by her grandparents, the Late Lewis T. and Mary Hyman Alston. She took her final rest on the morning of October 11, 2023, at ECU Health in Greenville, NC.

Teresa was educated in the Pitt County Public School System and was a proud 1983 graduate of J.H. Rose High School. After graduation, she attended Pitt Technical College now Pitt Community College.

Affectionately known to many as “Tee” and “Ressa”, was known for her contagious personality, the will to help and her beautiful head of hair. Teresa made sure her hair was done. If you were looking for her on Fridays, she’s sitting at the salon with her Stylist. Every Friday we knew she was getting that hair right. Teresa loved to cook. Her macaroni and cheese, signature strawberry cake and those fried crabs. She loved to see the smile on the faces of those who appreciated her food. Continuing her calling, Teresa worked in several restaurants and ANYWHERE food was being served she controlled the food line, from the front to the end of the line she had it, and please don’t play on her service line or you would get it. Teresa appreciated every job opportunity she had to help her Family, Friends and Community. She believed in keeping a job.

Teresa was employed by Pitt County School System for several years in the

Food Service department and as a Driver. She Took part in the Pitt County Summer feeds and other various programs. After leaving the school system she continued her calling at RiverTrace Nursing and Rehabilitation Center in Washington NC. While there Teresa gained the heart and respect of All she encountered for over 10 years.

Teresa believed in her Church. As a member of Hayes Chapel, she would participate in Family and Friends Day frying fish or whatever was needed, she was also a member of the Do-Gooders club. If you didn't know her, give it one minute, you'll discover you just found your new Lifelong Friend.

Teresa never meets a stranger. Never told anyone no or wait I'm busy. She Always gave of herself and her time. She helped Everyone she could. In the days that came The Family discovered she found a way to continue giving of herself to help someone's Life.

Teresa never complained to Anyone. She never complained. She never complained.

Teresa is preceded in death by aunt/sister, Brenda C. Alston; uncle/brothers, Milton R. Alston and Shelton R. Alston.

Left to Celebrate her Life are: Mother, Mary A. Reid of the home; Sister, Tanya Austin (Spencer Edwards) of Greenville, NC; Uncles/Brothers, Ronnie E. Alston of Greenville, NC

Tyrone F. Alston of Greenville, NC, Terry D. Alston of Greenville, NC, Lewis C. Alston (Charlotte) of Tarboro, NC, Joe Crandell (Patricia) of Parmele, NC; Nephews, SFC Brandon M. Austin (Christina) of Honolulu, HI, Devin T. Austin (Daisy) of Hinesville, GA, Jomare L. Austin of Greenville, NC, Special Nephew, Samuel R. Edwards of Greenville, NC; Aunts, Velma Perry (Christopher) of Louisburg, NC, Dorothy Hyman of New York, New York; Uncles, Larry Hyman (Emma) of Goldsboro, NC, Donnie Hyman (Tina) of

Brooklyn, New York; Great Nephews, Braylon M. Austin of Honolulu, HI, Liam Austin of Hinesville GA, Jaiden A. Austin of Honolulu, HI; Great Nieces, Sofia A. Austin of Hinesville, GA, Olivia L. Austin of Hinesville, GA; Special Friends, Patricia and Sam Brown of Greenville, NC
Dr. Clifton and Ann Woods of Greenville, NC; Cousins, The Alstons, Hymans, Browns, Webbs;
God Family, RiverTrace Nursing Rehabilitation Center, Greenfield Terrace Community
Ms. Catherine Johnson.

Cemetery Details

Everetts Cemetery

Everetts, NC

Previous Events

Viewing

OCT **20**. 2:00 PM - 6:00 PM (ET)

Congleton Funeral Home and Cremations
3205 E. 10th Street
Greenville, NC 27858
(252) 355-9995
congletonfuneral1@gmail.com
<http://congletonmortuary.com>

Viewing

OCT **21**. 11:00 AM - 1:00 PM (ET)

Hayes Chapel Missionary Baptist Church
541 Cherry St
Greenville, NC 27834

Celebration of Life Service

OCT **21**. 1:00 PM (ET)

Hayes Chapel Missionary Baptist Church
541 Cherry St
Greenville, NC 27834

Tribute Wall



“ *View and Download the Funeral Program*

Congleton Memorial Mortuary - October 21, 2023 at 01:08 PM

CN

“ *Clifton Alston Fayetteville NC lit a candle in memory of Ms. Teresa Ann Alston*



Clifton Alston Fayetteville NC - December 09, 2023 at 09:11 AM

RH

“ *My deepest condolences to the family. Ms Teresa was a sweet and kind person. Keep the memories close to your heart.*



Ruth Parker Hardy, Greenville NC

Ruth Parker Hardy - October 31, 2023 at 05:35 PM

CR

“ *Sending my deepest condolences to the Alston family. Teresa was my supervisor years, years ago at Taco Bell. She was an amazing person, with a gentle heart. She always kept her hair done 😊.*

Cookie Roberson - October 24, 2023 at 10:51 AM

WA

“ *Willie And Mary Andrews lit a candle in memory of Ms. Teresa Ann Alston*



Willie and Mary Andrews - October 21, 2023 at 02:52 PM

BA

“ *My condolences to the Alston Family.*

Teresa was a very sweet lady and I will always remember her affectionate smile. Hayes Chapel will miss her.

May God continue to comfort the Family during this difficult time.

Belinda Artis - October 21, 2023 at 09:17 AM

JM

“ *To the Alston family you have my deepest condolences on the passing of your love one Love, Jennifer Moore, Greensboro NC*



Jennifer Moore - October 20, 2023 at 11:25 AM

EL

“ *Sending my heart felt condolences to the entire Alston Family at this solemn moment in time. Taking the memories back to Taylor Road and Leen's Community. I'm making sure that my Mom gets to attend some parts of the farewell and Homegoing. Love Ellen Jean of the Moore Family*

Ellen - October 20, 2023 at 11:04 AM

LA

“ *Lucian & Annette Anderson sent a virtual gift in memory of Ms. Teresa Ann Alston*



Lucian & Annette Anderson - October 20, 2023 at 08:45 AM

PF

Teresa was my classmate. She was a kind & loving person. I would see her on Fridays at my sister's salon. In all the years that I knew her, I never heard her say negative comments about anything. She was a worker. Even with health conditions, she worked & never complained. She will be missed abundantly by family & friends. Teresa, you can rest now. Your resignation has been accepted by our Heavenly Father.

Patrice Fullerton - October 20, 2023 at 01:49 PM

TH

“ *Terry Howard and family lit a candle in memory of Ms. Teresa Alston*



Terry Howard - October 19, 2023 at 07:25 PM

ST

“ *Shenell Taylor lit a candle in memory of Ms. Teresa Ann Alston*



Shenell Taylor - October 19, 2023 at 07:12 PM

TB

“ Tracy Bonner lit a candle in memory of Ms. Teresa Ann Alston



Tracy Bonner - October 19, 2023 at 05:09 PM

FC

“ Faye Chance lit a candle in memory of Ms. Teresa Ann Alston



Faye Chance - October 19, 2023 at 01:24 PM

JM

“ Condolences to the Alston family.



Jimena Mitchell - October 19, 2023 at 12:44 PM

PF

“ Pastor Milton & Delorse Staton Family lit a candle in memory of Ms. Teresa Ann Alston



Pastor Milton & Delorse Staton Family - October 19, 2023 at 11:52 AM

JF

“ Jeanette Bunn And Family lit a candle in memory of Ms. Teresa Ann Alston



Jeanette Bunn and Family - October 19, 2023 at 06:19 AM

JF

“ Jeanette Bunn @ Family lit a candle in memory of Ms. Teresa Ann Alston



Jeanette Bunn @ Family - October 19, 2023 at 06:17 AM

JF

“ Jeanette Bunn @ Family lit a candle in memory of Ms. Teresa Ann Alston



Jeanette Bunn @ Family - October 19, 2023 at 06:14 AM

JB

“ We all grew up together and feast at each other's home. Our meeting place was always in Walmart cutting up. I will miss you my dear friend take your rest until we meet again



Julie L Bunn - October 18, 2023 at 01:44 PM

CJ

“ Reading about your passing is unreal for me because we were just laughing and talking just days before. You said your weren't feeling well that day and I prayed for you, but only God knew. My sincere condolences to the family, coworkers and friends.

Carolyn J - October 18, 2023 at 08:14 AM

JE

“ Reverend Billy C. Boyd and Hayes Chapel Church family share in the sorrow of the homegoing of Sister Teresa Alston. To the Alston and Reid families may the arms of the Good Lord comfort you in days to come. Sister Teresa was a faithful member with her quiet, sweet personality, she will be missed. Your loss is Heaven's gain and may the precious memories of her life live on and bring you joy in days to come.

Jill Ebron - October 17, 2023 at 02:15 PM

LH

“ Prayers and condolences to the family of Teresa Alston. May the Lord give you strength and keep you wrapped in his loving arms. RIH
Teresa
Lenora H



Lenora Harvey - October 17, 2023 at 11:45 AM

ZB

“ Zachary Bunns sent a virtual gift in memory of Ms. Teresa Ann Alston



Zachary Bunns - October 17, 2023 at 09:52 AM

BN

“ Betty Nurse lit a candle in memory of Ms. Teresa Ann Alston



Betty Nurse - October 17, 2023 at 03:41 AM

PB

“ Teresa loved cooking ,and where ever food was being served, she jumped right in no questions asked , and start serving. Sam loved Teresa (T) he called her. Condolences to Mary (Mom) and family during this time. We loved Teresa but God loved her best.



Patricia (Pat) Brown - October 16, 2023 at 10:46 PM

PB

“ Teresa was my BFF, and she will be very much missed. To my extended family The Alston's , we are sending our heartfelt sympathy during this difficult time. Teresa loved and showed love wherever , and whoever she met. Sleep on my friend we miss you, and we loved you also.

Patricia (Pat) Brown - October 16, 2023 at 10:36 PM

PO

“ I worked with Teresa in the school system, always kind and genuine. My deepest condolences 🙏

Patricia Outlaw - October 16, 2023 at 09:22 PM

SE

“ Condolences to the Alston family. Teresa was such a sweet spirited person and a Joy to be around. May God Richly Bless this family during the loss of your loved one. 🙏🏻🙏🏻❤️



Sis Early - October 16, 2023 at 08:32 PM

CH

“ Teresa was a sweet person with a great sense of humor; she will missed.

Cheryl G

Cheryl - October 16, 2023 at 01:30 PM



“ Joyce Purvis lit a candle in memory of Ms. Teresa Ann Alston



Joyce Purvis - October 16, 2023 at 12:35 PM

DM

“ You will be missed Teresa. Praying for her mom and family. 🙏🏻❤️

DoGooders of Hayes Chapel Missionary Baptist Church

Dana L. Mason - October 15, 2023 at 05:50 PM

AH

My friend my co worker will miss your kind heart you will be in my heart rest on in the arms of Jesus 🙏🙏❤️ will continue to keep your family in prayer especially your sweet loving mother 🙏🙏🙏🙏❤️

Alice Hill - October 16, 2023 at 07:39 PM

CS

“🙏 *To The Alston Family.
Sorry to hear of your loss... we are praying for you and your family.*

Clyde & Joan Staton - October 15, 2023 at 11:56 AM

CC

“ *Carlton Clemons lit a candle in memory of
Ms. Teresa Ann Alston*



Carlton Clemons - October 15, 2023 at 11:19 AM

KS

“ *Sending condolences and prayers of comfort to the family. I never saw her without a smile. She was always willing to help. Definitely will be missed.*

Kendya Reddick Spencer - October 15, 2023 at 10:41 AM

DP

“ *Donna Pierce lit a candle in memory of Ms.
Teresa Ann Alston*



Donna Pierce - October 14, 2023 at 10:21 PM

DW

“ Johnny and Doris Wilkins
With deepest sympathy to the families in the love that surrounds you, may you find strength. Prayers are with you and the family as you say goodbye to someone that was so loved here on earth. Praying that you'll find peace in knowing the light of such a beautiful spirit lives on. See was a beautiful and wonderful person...



Doris Wilkins - October 14, 2023 at 08:37 PM

DW

“ To Teresa's mom and family, thank you for sharing Teresa with us . She was a great friend, co worker, and cook. She will be missed greatly. ❤️

Devicky Whitfield - October 14, 2023 at 07:19 PM

PD

“ Sending Prayers to the Alston Family. I was Sadden to hear of the passing of Teresa. We worked together for many years. I pray that gives you Comfort and Strength at this Time.



Patricia Daniels - October 14, 2023 at 06:18 PM

GH

“ Condolences to the family



Gayle Hardy - October 14, 2023 at 02:43 PM

BF

“While words fail to capture the pain of losing a loved one, we look forward to the time when words will fail to capture the joy of having our heavenly Father return your dear one to you.”

Donald, Brenda & Moses Franks

Brenda Franks - October 14, 2023 at 12:18 PM

DT

“Delores Tilley lit a candle in memory of Ms. Teresa Ann Alston



Delores Tilley - October 14, 2023 at 12:00 PM

PH

“Patricia Taylor Heath lit a candle in memory of Ms. Teresa Ann Alston



Patricia Taylor Heath - October 14, 2023 at 11:36 AM

JF

“Joe & Tarshia Sutton Harris & Family lit a candle in memory of Ms. Teresa Ann Alston



Joe & Tarshia Sutton Harris & Family - October 14, 2023 at 08:58 AM

DF

“ I will always remember Teresa as a caring individual with a big heart. Prayers are extended to her family, friends, and the many lives she touched. ☐ Rest now and thank you.



Dr. Lavette Ford - October 14, 2023 at 08:44 AM



“ Joyce Purvis lit a candle in memory of Ms. Teresa Ann Alston



Joyce Purvis - October 14, 2023 at 12:14 AM

CL

“ Our thoughts and prayers are with this family! Beautiful neighbors. Just look to Him and He will take care of you! We light this candle in Teresa's memory.



The Greenfield Terrace Community

Carolyn L.Glast - October 13, 2023 at 08:33 PM

CL

“ Carolyn L.Glast lit a candle in memory of Ms. Teresa Ann Alston



Carolyn L.Glast - October 13, 2023 at 08:26 PM



“ *Janice Reid lit a candle in memory of Ms. Teresa Ann Alston*



Janice Reid - October 13, 2023 at 08:14 PM



“ *Earnest Hudson lit a candle in memory of Ms. Teresa Ann Alston*



Earnest Hudson - October 13, 2023 at 08:01 PM



*We will miss you Teresa. Always in our hearts and memories.
DoGooders of Hayes Chapel Missionary Baptist Church*

DoGooders - October 14, 2023 at 08:55 AM



So many memories of you Teresa. You were a help wherever you were asked to serve. 🙏💕
Dana L. Mason

Dana L. Mason - October 14, 2023 at 08:57 AM



“ *Brenda Purvis lit a candle in memory of Ms. Teresa Ann Alston*



Brenda Purvis - October 13, 2023 at 07:59 PM

EH

“ *My Deepest Sympathy Are With The Family*



Evangelist Gwen Hudson - October 13, 2023 at 05:53 PM

CS

“ *Congleton Funeral Home and Staff wishes to express our sincere condolence on the passing of your love one. We light this candle in their memory.*



Congleton Funeral Home and Staff - October 13, 2023 at 04:02 PM

PR

My deepest condolences and my God give them strength doing this time

Pauletta Randolph - October 13, 2023 at 10:18 PM